

**Title of Workshop:** Easy Spring Garden Vegetables

**Length** (in minutes): 90 minutes

**Objectives:**

- By the end of this workshop, participants will know how to prep a simple home garden bed.
- By the end of this workshop, participants will be able to direct seed kale, radishes, and vining peas.
- By the end of this workshop, participants will know how to water, weed, and harvest kale, radishes, and peas.

**Materials:**

- Seeds
- Rakes
- Snacks
- Informational handouts
- Table for handouts and snacks
- Camera (to document)
- Email sign-up sheets
- Info about the Food For All Garden
- Poles (for creating a pea trellis)
- Twine (to tie the poles together)

**Overview of Workshop:**

**Workshop Opening:**

The opening portion of this workshop should be used as an opportunity to get to know your workshop attendees and an opportunity for them to get to know each other. It is also a good time to figure out how much your participants know about gardening, so that you can use the rest of the workshop most effectively.

Begin with an opening circle. Ask participants to go around in a circle and answer three questions: 1) name, 2) where they came from, 3) why they are here/what gardening experience do they have.

**During the Workshop:**

The main educational portion of the workshop is comprised of all of the participants having an opportunity to prep a garden bed, plant a section with each of the seeds, and then a discussion of how to care for the seedlings. How this portion is organized will depend largely on how your garden space is arranged, how much space you have, and how many participants you have.

However, in general, it is important to do a demonstration, provide an opportunity for questions, and then make sure that each participant has an opportunity to practice.

**Workshop Closing**

The closing portion of the workshop is an opportunity for participants to reflect, ask questions, and eat snacks. End with a closing circle, just like the opening circle. This is a good time to discuss additional resources, such as seed catalogues, books, websites.

**Audience:** Adults interested in gardening.